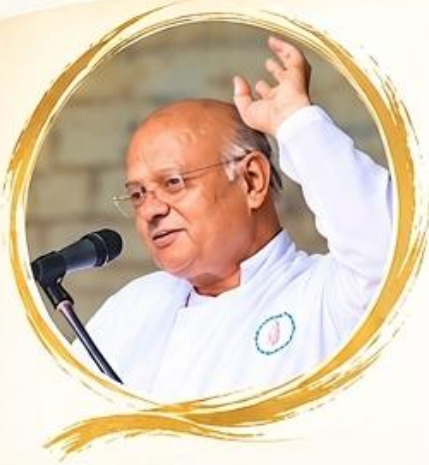




MESSAGE FROM *Saman Shrutpragyaji's* DESK



"Paryushan Parva 2026 in Austin, Texas, became a deeply moving celebration of inner awakening, forgiveness, devotion, and togetherness.

For the first time, Paryushan Parva was celebrated in Austin with the presence of Saman Shrutpragyaji—bringing together the global online Paryushan celebration of JAINA and the in-person spiritual gathering of Austin Jain Sangh. It was a beautiful meeting of hearts, traditions, and seekers from near and far.

Each morning began with meditation and the sacred Jay Viyaray Sutra discourse, inviting everyone to turn inward, awaken faith, and deepen the journey toward samadhi and bodhi. Each evening, the discourse on Virasat, enriched with soulful bhakti by Ashishbhai Mehta, opened the doors of devotion, remembrance, and spiritual inheritance.

The Paryushan days also became a living practice of humility and reconciliation through Bhav Pratikraman every evening. With the warm introductions and support of JAINA President Atul Shah and the entire Jain team, and Pinky Matalia and the entire Austin Sangh Committee, this Paryushan became even more meaningful and memorable.

It was truly one of the most memorable Paryushan Parva celebrations—an experience in which people were touched deeply, uplifted tremendously, and inspired to carry forgiveness, awareness, and compassion into everyday life.

May the light of Paryushan remain alive in our thoughts, our relationships, and our actions. May every heart discover peace, every family rediscover harmony, and every soul move one step closer to its true nature.

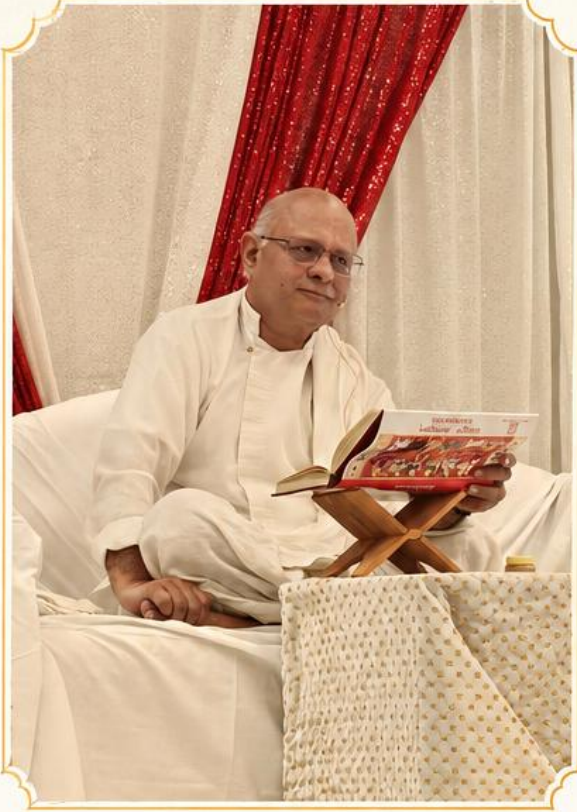
With blessings,
Saman Shrutpragyaji
Spiritual Mentor | Author | Speaker

*Forgiveness
is the
highest form
of strength.*



Jai Jinendra





PARYUSHAN PARVA 2026

Austin, Texas, USA

September 8–15, 2026

The first-ever Paryushan Parva in Austin, Texas, guided by Saman Shrutpragyaji, was celebrated from September 8 to 15, 2026, under the auspices of JAINA and the Jain Sangh of Austin. It was a spiritually enriching celebration that honored traditional Jain practices while presenting them through a distinctive and deeply experiential approach.

The morning sessions centered on the Jay Viyaraya Sutra, while the evening Virasat lecture series explored the lives, teachings, and timeless messages of great spiritual masters. The central purpose of the celebration was to inspire self-knowledge and the direct experience of the soul.

Throughout the festival, the entire sangh came together in a spirit of unity, harmony, and brotherhood. Samanji's discourse deepened the participants' faith, understanding, and spiritual sensitivity, elevating the collective experience of Paryushan.

*Ahimsa is
the highest
religion.*





Paryushan Parva:

*Mahavir Janma Vanchan &
Mantra: One Anushtthan*



With heartfelt devotion and dedication, **Ashishbhai Mehta** led the devotional sessions, touching the depths of bhakti and moving many participants profoundly. Through his discourses, Samanji also guided the participants on an inner journey toward Mahavideh Kshetra, an experience that touched the hearts of many.

While reflecting on the spiritual insights of Acharya Kundakunda, Samanji renewed his resolve to devote himself more intensely to meditation, silence, solitude, and inner spiritual practice. He reminded everyone that time is passing swiftly, and that the deeper purpose of life is not merely to speak or listen to discourses, but to turn inward, pursue spiritual practice, and realize the true nature of the self.



During Paryushan, Samanji and Ashishbhai also guided the sangh in the practice of the **Vajra Panjar Stotra**. This powerful spiritual practice was undertaken as a form of inner healing, protection of one's aura from external influences, and strengthening of inner energy. Forty families participated in this practice, making it a meaningful collective spiritual experience.



अनुष्ठान श्रैष्ठ आशाधना वज्रपंजर स्तोत्र

~ Ashish Mehta ~
~ Saman Shrutpragyaji ~



Bhava Pratikraman

- 1 Day 1: Kshama for Self
- 2 Day 2: Kshama for Family
- 3 Day 3: Kshama for Relatives
- 4 Day 4: Kshama for Friends
- 5 Day 5: Kshama for Workers
- 6 Day 6: Kshama for Monks & Gurus
- 7 Day 7: Kshama for all Living Beings

Historical Paryushan Parva 2026 (Austin, TX)

Daily meditation practice was an integral part of the celebration. A distinctive and heartfelt approach to Bhav Pratikraman was also introduced, encouraging participants to move beyond ritual and connect deeply to emotions, reflections, and inner transformation at the heart of Paryushan.

All programs were broadcast online with great effectiveness, allowing people beyond Austin to participate in this spiritual celebration. More than 4,000 people have so far benefited from the online broadcasts.

Throughout the eight days of Paryushan, Samanji, Ashishbhai, and Vineetbhai were hosted with warmth and affection at the home of Sheetalben and Rakeshbhai Shah. The generous hospitality of Vibhaben and Mayurbhai Mehta, Sonalben and Ketanbhai Shah, and Pinky and Pankil Matalia also added to the warmth, togetherness, and beauty of this memorable celebration.

Paryushan Parva 2026 in Austin was not merely a festival—it was a shared journey of devotion, reflection, unity, and a deeper awakening to the soul.





Reflections from the Discourses by Saman Shrutpragyaji During Paryushan Parva



- ❖ Listening alone is not enough. What matters is that our practice and inner transformation should be at least twice as much as what we listen to.
- ❖ The ultimate purpose of life is Self-Realization, pursued through silence, self-observation, meditation, and honestly recording our inner experiences.
- ❖ I am not merely a spiritual speaker; I am, first and foremost, a practitioner. My one goal is to attain Self-knowledge through spiritual practice.
- ❖ Right Faith (Samyak Darshan) is the experience of the Self. Right Knowledge (Samyak Jnana) is inner awakening and awareness. Right Conduct (Samyak Charitra) is living in the light of that knowledge.
- ❖ Punya and Paap should not become the sole focus of spiritual life. We need not frighten people through fear of Paap or make them greedy for the rewards of Punya.
- ❖ The deeper purpose of Jain spirituality is Atma Jnana and Self-Realization. As inner awareness grows, right understanding and conduct naturally follow.
- ❖ This Paryushan Parva became a journey of inner awakening for many. The Jai Viyararay Sutra and Virasat series were profound and transformative.
- ❖ Throughout Paryushan, there was no showmanship, unnecessary display, or disorder. Every program was conducted with discipline, purity, and a clear focus on spiritual awakening.
- ❖ The Austin Jain Sangh demonstrated discipline, devotion, and an exemplary spirit of service. Deep reverence for the Jinshasan and the Sangh was evident among the participants.

Heartfelt appreciation to all the Austin live-telecast volunteers who offered their valuable time and service with great dedication, enabling viewers around the world to experience the programs beautifully. Thank you Ashish Mehta, Binit Shah and Rutvij Shah Shah for wonderful Bhakti.





UPCOMING SCHEDULE

- 1 Oct 1-8 - Rajkot
- 2 Oct 9-15 - Bhanvad
(Guest: Sefali & Babul Sheth,
CA - USA)
- 3 Oct 17-20 - Rajkot
- 4 Oct 21-27 - Bhuj - Kutch
(For Meditation)
- 5 Oct 28-Nov 3 - Sambodhi - Rajasthan
(For Meditation)
- 6 Nov 4-6 - Abhavalay - Rajkot
- 7 Nov 7-11 - Diwali (Bhanvad)



Samanji's all Pravachan are available on YouTube:
Peace of Mind Rajkot



His App is also available:
Shrutvaani

Austin, TX

During Samanji's Paryushan Parva visit to Austin, he had the opportunity to visit several families for Pagla and Gochari. **Sandip & Deepa Desai** warmly hosted Samanji for Gochari and Satsang. He also visited **Trupti & Rajiv Dalal**, Sangita & Saumil Mehta, and **Nipa & Nilesh Shah**.



Samanji also shared Dharmalabh and Gochari at the Jain Center of Austin, making the Paryushan experience deeply meaningful for the community.